



// SPECTATORS

Aid Station // RUNNER SCHEDULE

STATION	LOCATION	SET UP TIME	FIRST RUNNER ARRIVAL	FIRST WHEELCHAIR ARRIVAL	LAST RUNNER
A	START	4:00AM	*4:30AM	*4:30AM	7:00AM
B	MILE 3	5:50AM	**7:00AM	**6:52AM	7:27AM
C	MILE 5	6:00AM	7:11AM	6:57AM	7:55AM
D	MILE 7	6:05AM	7:22AM	7:07AM	8:23AM
E	MILE 9	6:15AM	7:30AM	7:15AM	9:00AM
F	MILE 11	6:20AM	7:39AM	7:22AM	9:25AM
G	MILE 13	6:30AM	7:49AM	7:30AM	9:50AM
H	MILE 15	6:40AM	8:02AM	7:39AM	10:15AM
I	MILE 17	6:45AM	8:15AM	7:45AM	10:45AM
J	MILE 18	6:50AM	8:19AM	7:49AM	11:54AM
K	MILE 19	6:55AM	8:24AM	7:53AM	11:04AM
L	MILE 21	7:00AM	8:34AM	8:00AM	11:35AM
M	MILE 22	7:00AM	8:39AM	8:04AM	11:52AM
N	MILE 23	7:05AM	8:44AM	8:08AM	12:10PM
O	MILE 24	7:10AM	8:49AM	8:12AM	12:30PM
P	MILE 25	7:20AM	8:55AM	8:16AM	12:45PM
Q	FINISH	7:20AM	9:00AM	8:19AM	1:00PM

* BUSES BEGIN LOADING AT 4:00AM

**WHEELCHAIRS START AT 6:40AM (HANDCYCLES)// RUNNERS START AT 6:45AM

Cheer on Runners // BEST LOCATIONS

- VEYO MILE 7 (First Runner) 7:22AM
(Those viewing the runners at Veyo will have to travel westbound through Gunlock and around to Sunset Boulevard in St. George. Please Note: Please drive careful through small towns)
- SNOW CANYON NORTH ENTRANCE MILE 16 (First Runner) 8:06AM
(Those wishing to watch the runners at the north entrance should enter the Snow Canyon South Entrance via Snow Canyon Parkway, where they will be directed to park. Please Note: Watching runners at this point might prohibit you from getting to the finish line before the runner.)
- ALONG DIAGONAL TO 300 WEST MILE 24 (First Runner) 8:49AM
- 300 WEST/DIAGONAL TO TABERNACLE MILE 24.5 (First Runner) 8:50AM
- TABERNACLE/300 WEST TO MAIN STREET MILE 25 (First Runner) 8:52AM
(There is a Parking Garage on Tabernacle and 50 EAST)
- MAIN STREET TO 300 SOUTH MILE 25 (First Runner) 8:55AM
(There is a Parking Garage on Tabernacle and 50 EAST)
- 300 SOUTH/MAIN ST. TO FINISH LINE MILE 26 (First Runner) 8:58AM
- 300 SOUTH/ 200-300 EAST MILE 26.2 (First Runner) 9:00AM
Finish Line Bleachers

