



// SPECTATORS

Aid Station // RUNNER SCHEDULE

STATION	LOCATION	SET UP TIME	FIRST RUNNER ARRIVAL	FIRST WHEELCHAIR ARRIVAL	LAST RUNNER
A	START	4:00AM	*4:30AM	*4:30AM	7:00AM
B	MILE 3	5:50AM	**7:00AM	**6:52AM	7:27AM
C	MILE 5	6:00AM	7:11AM	6:57AM	7:55AM
D	MILE 7	6:05AM	7:22AM	7:07AM	8:23AM
E	MILE 9	6:15AM	7:30AM	7:15AM	9:00AM
F	MILE 11	6:20AM	7:39AM	7:22AM	9:25AM
G	MILE 13	6:30AM	7:49AM	7:30AM	9:50AM
H	MILE 15	6:40AM	8:02AM	7:39AM	10:15AM
I	MILE 17	6:45AM	8:15AM	7:45AM	10:45AM
J	MILE 19	6:55AM	8:24AM	7:53AM	11:04AM
K	MILE 21	7:00AM	8:34AM	8:00AM	11:35AM
L	MILE 23	7:05AM	8:44AM	8:08AM	12:10PM
M	MILE 24	7:10AM	8:49AM	8:12AM	12:30PM
N	MILE 25	7:20AM	8:55AM	8:16AM	12:45PM
O	FINISH	7:20AM	9:00AM	8:19AM	1:00PM

* BUSES BEGIN LOADING AT 4:00AM

** WHEELCHAIRS START AT 6:40AM (HANDCYCLES)// RUNNERS START AT 6:45AM

// BEST LOCATIONS TO CHEER ON RUNNERS

- VEYO** MILE 7 (First Runner) 7:22AM
 [Those viewing the runners at Veyo will have to travel westbound through Gunlock and around to Sunset Boulevard in St. George. Please Note: Please drive careful through small towns]
- SNOW CANYON NORTH ENTRANCE** MILE 16 (First Runner) 8:06AM
 [Those wishing to watch the runners at the north entrance should enter the Snow Canyon South Entrance via Snow Canyon Parkway, where they will be directed to park. Please Note: Watching runners at this point might prohibit you from getting to the finish line before the runner.]
- SNOW CANYON PARKWAY** MILE 21 (First Runner) 8:34AM
 [Snow Canyon Park has a 6 mile paved trail that connects to Snow Canyon Parkway. This is great for strollers, bicycles and walking. Please Note: Northbound traffic is prohibited on SR 18 after Snow Canyon Parkway.]
- ALONG DIAGONAL TO 300 WEST** MILE 24 (First Runner) 8:49AM
- 300 WEST/DIAGONAL TO TABERNACLE** MILE 24.5 (First Runner) 8:50AM
- TABERNACLE/300 WEST TO MAIN STREET** MILE 25 (First Runner) 8:52AM
 [There is a Parking Garage on Tabernacle and 50 EAST]
- MAIN STREET TO 300 SOUTH** MILE 25 (First Runner) 8:55AM
 [There is a Parking Garage on Tabernacle and 50 EAST]
- 300 SOUTH/MAIN ST. TO FINISH LINE** MILE 26 (First Runner) 8:58AM
- 300 South/ 200-300 East FINISH LINE BLEACHERS** MILE 26.2 (First Runner) 9:00AM